



Holland

An eight-week support and learning class for parents raising children with special needs.

Do you care for a child with special needs and feel like you're alone?

Are you adjusting to a new diagnosis for your child?

Do you have questions about services and resources but don't know who to ask?

Would you like to meet other parents who are also raising children with special needs?

During this eight-week class, you will:

- Meet in a small group setting to share, learn and meet other parents in similar situations
- Learn about the grief process
- Understand the importance of taking care of yourself
- Learn about resources in our community that will help you on your journey

“Holland provides inspiration on how to be the best advocate for your child by the people who have been there.”

— Holland Participant

“I love how open, honest, and understanding everyone is — how everyone knows what we are going through even though not everyone's situation is the same.”

— Holland Participant

To register and for more information, please call:

**Parent to Parent
at Children's Village**

509-574-3200

1-800-745-1077